



Skill Assessment for 3.0 Players

Name: _____ Self-Rating: _____ Date: _____

Email: _____ Cell Phone: _____ #Games Observed: _____

Weather Conditions: _____

To be filled out by the Rating Team:

3.0 Skill Level

	0	1	2	3
Able to hit a medium paced forehand groundstroke with direction				
Able to hit a basic backhand groundstroke with limited direction				
Able to hit a medium paced serve with depth and direction				
Able to consistently sustain a basic dink rally				
Able to hit a medium paced 3rd shot with limited direction				
Able to hit a medium paced volley with limited direction and consistency				
Understands proper court positioning				
Starting to move to NVZ (non-volley zone) and play there				
Demonstrates effective athleticism for this level of play *				
Has started playing competitively				
Frequent unforced errors				
Unforced Errors - make tick mark for every UE				

Volley Requirement – 7 out of 10 (70%)

	YES	NO
Good Forehand		
Good Backhand		

Server Requirement – 7 out of 10 (70%)		
Service Good		

Server Return Requirement – 7 out of 10 (70%)		
Good Forehand		
Good Backhand		

* Athleticism (mobility, quickness, hand-eye coordination, previous sports experience, etc.) is factored into your skill level as determined by the assessor.

Rater's Sign: _____ Actual Skill Level: _____ Player's Sign: _____

Ledger: 0 = Not observed or not able to execute, 1 = attempted but very poorly executed/needs work, 2 = good basic form, but needs work, 3 = solid, consistent performance